

**Join Ecclesia
on a
14-DAY FAST**

**January 2
thru
January 15**

REVISED PAGE 2 - 1/3/2012



**“Dear Lord, help us re-establish
the foundations of prayer in our individual lives
and in the corporate life of Ecclesia.
I pray in the mighty and majestic
Name of Jesus! Amen!”**



Ecclesia 14-Day Fasting & Prayer

PURPOSE OF THE FAST

To re-establish the foundations of prayer in the individual and corporate life of Ecclesia.

DATES OF THE FAST

- Begin January 2 at 12:01 am
- End January 15 after Worship Service (whichever you attend)

WHAT IS ACCEPTABLE DURING THE FAST *(Revised 1/3/2012)*

- Water
- 100% Juice
- Smoothie
- Fruits *(whole or blended)*
- Vegetables
- **Diabetics may want to fast a meal a day as your health and doctor permit.
- Italian or Vinegarette Salad Dressing
- Nuts, almonds, and the like
- Oatmeal blended in smoothie for fiber
- NO coffee, milk, dairy products
- No specific timeframe for eating

WHAT TO PRAY FOR DURING THE FAST

- Increase in Obedience to Faith
- Greater manifestation of the Miraculous among us (Mark 16:16-18)
- Increase in commitment to Mission and Vision by members of ECF
- Increase in the number of HUGGS for the Winter and Fall Sessions
- Increase in the number of members serving in ministry
- Increase in salvations on Sundays and during the week
- Increase in our understanding of the Word of God
- Increase in our Giving
- Pray for victory over

PREPARATION

- Read the preparatory Scriptures on the following pages
- Worship Service on January 1 will include a special prayer and time of anointing for all who will be fasting and praying with us!

WHAT WE ARE DOING

- Believing God to hear our prayers and answer them!
- Getting ourselves back in line with God's priority and making prayer a lifestyle!
- Seeking to overcome the attacks of our Enemy on our Knees! (Mark 9:2)



Scriptures to Read on Fasting

Joel 1:14 New Living Translation

Announce a time of fasting; call the people together for a solemn meeting. Bring the leaders and all the people of the land into the Temple of the LORD your God, and cry out to Him there.

Joel 2:12-13 NLT

12 That is why the LORD says, "Turn to me now, while there is time. Give me your hearts. Come with fasting, weeping, and mourning.

13 Don't tear your clothing in your grief, but tear your hearts instead." Return to the LORD your God, for He is merciful and compassionate, slow to get angry and filled with unfailing love. He is eager to relent and not punish.

Joel 2:15-17 NLT

15 Blow the ram's horn in Jerusalem! Announce a time of fasting; call the people together for a solemn meeting.

16 Gather all the people-- the elders, the children, and even the babies. Call the bridegroom from his quarters and the bride from her private room.

17 Let the priests, who minister in the LORD's presence, stand and weep between the entry room to the Temple and the altar. Let them pray, "Spare your people, LORD! Don't let your special possession become an object of mockery. Don't let them become a joke for unbelieving foreigners who say, 'Has the God of Israel left them?'"

Isaiah 58:2-12 KJV

2 Yet they seek me daily, and delight to know my ways, as a nation that did righteousness, and forsook not the ordinance of their God: they ask of me the ordinances of justice; they take delight in approaching to God.

3 Wherefore have we fasted, say they, and thou seest not? wherefore have we afflicted our soul, and thou takest no knowledge? Behold, in the day of your fast ye find pleasure, and exact all your labours.

4 Behold, ye fast for strife and debate, and to smite with the fist of wickedness: ye shall not fast as ye do this day, to make your voice to be heard on high.

5 Is it such a fast that I have chosen? a day for a man to afflict his soul? is it to bow down his head as a bulrush, and to spread sackcloth and ashes under him? wilt thou call this a fast, and an acceptable day to the LORD?

6 Is not this the fast that I have chosen? to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that ye break every yoke? ...



Scriptures to Read on Prayer

Isaiah 59:15-16 NLT

15 Yes, truth is gone, and anyone who renounces evil is attacked. The LORD looked and was displeased to find there was no justice.

16 He was amazed to see that no one intervened to help the oppressed. So he himself stepped in to save them with his strong arm, and his justice sustained him.

Isaiah 56:7 NLT

I will bring them to my holy mountain of Jerusalem and will fill them with joy in my house of prayer. I will accept their burnt offerings and sacrifices, because my Temple will be called a house of prayer for all nations.

Isaiah 57:14-16 NLT

14 God says, "Rebuild the road! Clear away the rocks and stones so my people can return from captivity."

15 The high and lofty one who lives in eternity, the Holy One, says this: "I live in the high and holy place with those whose spirits are contrite and humble. I restore the crushed spirit of the humble and revive the courage of those with repentant hearts.

16 For I will not fight against you forever; I will not always be angry. If I were, all people would pass away-- all the souls I have made.

Isaiah 65:24 NLT

I will answer them before they even call to me. While they are still talking about their needs, I will go ahead and answer their prayers!



Ecclesia Christian Fellowship

1314 E. Date Street

San Bernardino, CA 92404

(909) 881-5551 *ph* (909) 881-0199 *fx*

www.ecclesiachurch.com

Dr. Joshua Beckley, Sr. Pastor

(Temporary) Office Hours: Mon-Wed 8:00am - 5:00pm